



Year 2 and 3

		Autumn Term 2021		Spring Term 2022		Summer Term 2022	
	Year group in class	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Kingfishers	2 and 3 (Step 3,4, 5)	<p>Knowledge, Skills and Understanding</p> <p>Fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.</p> <p>Engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>Participate in team games, developing simple tactics for attacking and defending</p> <p>Acquiring and Developing Skills</p> <p>Safety</p> <p>Teamwork</p> <p>Leadership</p> <p>Use of terminology</p>	<p>Knowledge, Skills and Understanding</p> <p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.</p> <p>Engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>Communication</p> <p>Selecting and applying skills, tactics and compositional ideas</p> <p>Teamwork</p> <p>Leadership</p> <p>Resilience</p> <p>Honesty</p> <p>Safety</p>	<p>Knowledge, Skills and Understanding</p> <p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>Use of terminology</p> <p>Evaluating and improving performance</p> <p>Self-Belief</p> <p>Determination</p> <p>Safety</p>	<p>Knowledge, Skills and Understanding</p> <p>Perform dances using simple movement patterns.</p> <p>Developing Warm up practices</p> <p>Trust</p> <p>Self-Belief</p> <p>Determination</p> <p>Passion</p> <p>Use of terminology</p> <p>Creativity</p> <p>Safety</p>	<p>Knowledge, Skills and Understanding</p> <p>Fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>Participate in team games, developing simple tactics for attacking and defending.</p> <p>Use of terminology</p> <p>Evaluating and improving performance</p> <p>Teamwork</p> <p>Self-Belief</p> <p>Determination</p> <p>Safety</p> <p>Selecting and applying skills, tactics and compositional ideas</p>	<p>Knowledge, Skills and Understanding</p> <p>Fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>Use of terminology</p> <p>Evaluating and improving performance</p> <p>Officiating</p> <p>Determination</p> <p>Safety</p>
		<p>Topic(s)</p> <p>Basketball</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Dodgeball</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Indoor Athletics</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Street Dance</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Cricket</p> <p>Swimming</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Tennis</p> <p>Athletics/Sports Day Practice</p> <p>Swimming</p>



Whole School Curriculum Plan 2021-2022

Subject: Physical Education

Year 4 and 5

		Autumn Term 2021		Spring Term 2022		Summer Term 2022	
Year group in class		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Woodpeckers	4 and 5 (Step 4,5 and 6)	<p>Knowledge, Skills and Understanding</p> <p>Communicate, collaborate and compete with each other.</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Play competitive games and apply basic principles suitable for attacking and defending.</p> <p>Develop flexibility, strength, technique, control and balance.</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <p>Acquiring and Developing Skills</p> <p>Safety</p> <p>Teamwork</p> <p>Leadership</p> <p>Use of terminology</p>	<p>Knowledge, Skills and Understanding</p> <p>Communicate, collaborate and compete with each other.</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Play competitive games and apply basic principles suitable for attacking and defending.</p> <p>Develop flexibility, strength, technique, control and balance.</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <p>Communication</p> <p>Selecting and applying skills, tactics and compositional ideas</p> <p>Teamwork</p> <p>Leadership</p> <p>Resilience</p> <p>Honesty</p> <p>Safety</p>	<p>Knowledge, Skills and Understanding</p> <p>Use skills in different ways and to link them to make actions and sequences of movement.</p> <p>Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Use of terminology</p> <p>Evaluating and improving performance</p> <p>Self-Belief</p> <p>Determination</p> <p>Safety</p>	<p>Knowledge, Skills and Understanding</p> <p>Use skills in different ways and to link them to make actions and sequences of movement.</p> <p>Compare their performances with previous ones to achieve their personal best.</p> <p>Perform dances using a range of movement patterns.</p> <p>Developing Warm up practices</p> <p>Trust</p> <p>Self-Belief</p> <p>Determination</p> <p>Passion</p> <p>Use of terminology</p> <p>Creativity</p> <p>Safety</p>	<p>Knowledge, Skills and Understanding</p> <p>Use skills in different ways and to link them to make actions and sequences of movement.</p> <p>Compare their performances with previous ones to achieve their personal best.</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Play competitive games and apply basic principles suitable for attacking and defending.</p> <p>Use of terminology</p> <p>Evaluating and improving performance</p> <p>Teamwork</p> <p>Self-Belief</p> <p>Determination</p> <p>Safety</p> <p>Selecting and applying skills, tactics and compositional ideas</p>	<p>Knowledge, Skills and Understanding</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Develop flexibility, strength, technique, control and balance.</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <p>Compare their performances with previous ones to achieve their personal best.</p> <p>Use of terminology</p> <p>Evaluating and improving performance</p> <p>Officiating</p> <p>Determination</p> <p>Safety</p>
		<p>Topic(s)</p> <p>Basketball</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Dodgeball</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Indoor Athletics</p> <p>Swimming</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Street Dance</p> <p>Swimming</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Cricket</p> <p>Forest Schools</p>	<p>Topic(s)</p> <p>Tennis</p> <p>Athletics/Sports Day Practice</p> <p>Forest Schools</p>



Whole School Curriculum Plan 2021-2022

Subject: Physical Education

Year 6

		Autumn Term 2021		Spring Term 2022		Summer Term 2022	
Year group in class		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Owls	6 (Step 5, 6, 7)	<p>Knowledge, Skills and Understanding</p> <p>Communicate, collaborate and compete with each other.</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Play competitive games and apply basic principles suitable for attacking and defending.</p> <p>Develop flexibility, strength, technique, control and balance.</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <ul style="list-style-type: none"> • Acquiring and Developing Skills • Safety • Teamwork • Leadership • Use of terminology 	<p>Knowledge, Skills and Understanding</p> <p>Communicate, collaborate and compete with each other.</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Play competitive games and apply basic principles suitable for attacking and defending.</p> <p>Develop flexibility, strength, technique, control and balance.</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <ul style="list-style-type: none"> • Communication • Selecting and applying skills, tactics and compositional ideas • Teamwork • Leadership • Resilience • Honesty • Safety 	<p>Knowledge, Skills and Understanding</p> <p>Use skills in different ways and to link them to make actions and sequences of movement</p> <p>Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <ul style="list-style-type: none"> • Use of terminology • Evaluating and improving performance • Self-Belief • Determination • Safety 	<p>Knowledge, Skills and Understanding</p> <p>Use skills in different ways and to link them to make actions and sequences of movement.</p> <p>Compare their performances with previous ones to achieve their personal best.</p> <p>Perform dances using a range of movement patterns.</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <ul style="list-style-type: none"> • Developing Warm up practices • Trust • Self-Belief • Determination • Passion • Use of terminology • Creativity • Safety 	<p>Knowledge, Skills and Understanding</p> <p>Use skills in different ways and to link them to make actions and sequences of movement.</p> <p>Compare their performances with previous ones to achieve their personal best.</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Play competitive games and apply basic principles suitable for attacking and defending.</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <ul style="list-style-type: none"> • Use of terminology • Evaluating and improving performance • Teamwork • Self-Belief • Determination • Safety • Selecting and applying skills, tactics and compositional ideas 	<p>Knowledge, Skills and Understanding</p> <p>Use running, jumping, catching and throwing in isolation and in combination.</p> <p>Develop flexibility, strength, technique, control and balance.</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <p>Compare their performances with previous ones to achieve their personal best.</p> <p>Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Communicate, collaborate and compete with each other.</p> <p>Play competitive games and apply basic principles suitable for attacking and defending.</p> <ul style="list-style-type: none"> • Use of terminology • Evaluating and improving performance • Officiating • Determination • Safety
			<p>Topic(s)</p> <p>Invasion Games</p> <p>Basketball</p> <p>Swimming</p> <p>Outdoor Education</p>	<p>Topic(s)</p> <p>Invasion Games</p> <p>Dodgeball</p> <p>Swimming</p> <p>Outdoor Education</p>	<p>Topic(s)</p> <p>Multi Skills and Athletics</p> <p>Indoor Athletics</p> <p>Outdoor Education</p>	<p>Topic(s)</p> <p>Dance</p> <p>Tennis</p> <p>Street Dance</p> <p>Outdoor Education</p>	<p>Topic(s)</p> <p>Striking and Fielding</p> <p>Cricket</p> <p>Outdoor Education</p>



Whole School Curriculum Plan 2021-2022

Subject: Physical Education

Year 7

		Autumn Term 2021		Spring Term 2022		Summer Term 2022	
Year group in class		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Newts and Shrews	7 <small>(Steps 6, 7, 8*)</small>	Knowledge, Skills and Understanding Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games Take part in outdoor and adventurous activities (Forest Schools) which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group Teamwork, developing and understanding of rules Respect for safety and the environment	Knowledge, Skills and Understanding Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games Take part in outdoor and adventurous activities (Forest Schools) which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group Teamwork, developing and understanding of rules Respect for safety and the environment Developing Coordination, Agility and Resilience	Knowledge, Skills and Understanding Develop their technique and improve their performance Take part in outdoor and adventurous activities (Forest Schools) which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group Developing athletic ability; running throwing and jumping Respect for safety and the environment	Knowledge, Skills and Understanding Perform dances using advanced dance techniques Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group Moving to music, keeping to a beat dancing individually and as a group	Knowledge, Skills and Understanding Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group Throwing, catching and striking skills	Knowledge, Skills and Understanding Develop their technique and improve their performance Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
		Topic(s) Football Outdoor Education	Topic(s) Basketball Outdoor Education	Topic(s) Indoor Athletics Outdoor Education	Topic(s) Street Dance Outdoor Education	Topic(s) Cricket Outdoor Education	Topic(s) Athletics (Sports Day Prep) Outdoor Education Residential trips



Whole School Curriculum Plan 2021-2022

Subject: Physical Education

Year 8

		Autumn Term 2021		Spring Term 2022		Summer Term 2022	
	Year group in class	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Voiles	8 (Steps 6, 7, 8, 9)	<p>Knowledge, Skills and Understanding</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team games</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>	<p>Knowledge, Skills and Understanding</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team games</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>	<p>Knowledge, Skills and Understanding</p> <p>Develop their technique and improve their performance</p> <p>Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>	<p>Knowledge, Skills and Understanding</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team games</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>	<p>Knowledge, Skills and Understanding</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team games</p> <p>Developing; hand eye coordination, striking, throwing and catching</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>	<p>Knowledge, Skills and Understanding</p> <p>Develop their technique and improve their performance</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>
		<p>Topic(s) Football Outdoor Education</p>	<p>Topic(s) Basketball Outdoor Education</p>	<p>Topic(s) Indoor Athletics Outdoor Education</p>	<p>Topic(s) Tennis Outdoor Education</p>	<p>Topic(s) Cricket Outdoor Education</p>	<p>Topic(s) Athletics Outdoor Education Residential trips</p>
Hedgehogs	8 (Steps 6, 7, 8, 9)	<p>Knowledge, Skills and Understanding</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Understanding; how your body responds to exercise, how does it make you feel?</p>	<p>Knowledge, Skills and Understanding</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Understanding; how your body responds to exercise, how does it make you feel?</p>	<p>Knowledge, Skills and Understanding</p> <p>Develop their technique and improve their performance</p> <p>Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</p> <p>Understanding; how your body responds to exercise, how does it make you feel?</p>	<p>Knowledge, Skills and Understanding</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>	<p>Knowledge, Skills and Understanding</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Developing; hand eye coordination, striking, throwing and catching</p>	<p>Knowledge, Skills and Understanding</p> <p>Develop their technique and improve their performance</p> <p>Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</p> <p>Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>
		<p>Topic(s) Football Benchball</p>	<p>Topic(s) Hockey Badminton</p>	<p>Topic(s) Tampolining Fitness training</p>	<p>Topic(s) Tennis Outdoor Education</p>	<p>Topic(s) Cricket</p>	<p>Topic(s) Athletics (Sports Day Prep) Outdoor Education</p>



Whole School Curriculum Plan 2021-2022

Subject: Physical Education

Year 9

		Autumn Term 2021		Spring Term 2022		Summer Term 2022	
	Year group in class	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Stoats and Otters	9 <small>(Steps 7,8,9,10)</small>	<p>Knowledge, Skills and Understanding Leading warm up activities (with staff support)</p> <p>Developing tactical knowledge; formations, positioning</p> <p>Creating drills; to improve performance for defence and attack</p> <p>Teamwork; effective communication with team mates</p> <p>Officiating games (with staff support); and applying laws of the game in matches</p> <p>Use correct anatomical terminology; when referring to bones, muscles and joints</p> <p>Understanding of the short and long-term effects of exercise</p> <p>Analyse their performances</p>	<p>Knowledge, Skills and Understanding Being responsible for personal warm up activities</p> <p>Developing racquet skills; hand eye coordination</p> <p>Tactical; shot selection to move opponent around the court to win points</p> <p>Officiating games and applying laws of the game in matches</p> <p>Use correct anatomical terminology; when referring to bones, muscles and joints</p> <p>Understanding of the short and long-term effects of exercise</p> <p>Analyse their performances</p>	<p>Knowledge, Skills and Understanding Safety; assisting the teacher with setting up equipment</p> <p>Spotting; following instructions to keep the performer safe whilst bouncing</p> <p>Patience; waiting your turn</p> <p>Coaching/communication; offering advice to class mates how to improve performance</p> <p>Build resilience; when practicing new skills</p> <p>Analyse their performances</p>	<p>Knowledge, Skills and Understanding Take part in outdoor and adventurous activities which; present intellectual and physical challenges.</p> <p>Be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p> <p>Improving; climbing, hiking, biking skills</p> <p>Building resilience; when trying new activities</p>	<p>Knowledge, Skills and Understanding Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Teamwork; concentration in the fielding positions</p> <p>Leadership and communication; setting up different fielding positions</p> <p>Tactical; shot selection to find gaps in the field to score runs</p> <p>Develop a deeper understanding of the rules; no balls, foul balls, extras, boundary scores, home runs...</p> <p>Keeping and recording scores</p>	<p>Knowledge, Skills and Understanding Develop their technique and improve their performance</p> <p>Measuring distances in field events</p> <p>Timekeeping in track events</p> <p>Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</p> <p>Take part in outdoor and adventurous activities which; present intellectual and physical challenges.</p> <p>Be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>
		<p>Topic(s) Football Fitness training</p>	<p>Topic(s) Badminton Fitness training</p>	<p>Topic(s) Trampolining</p>	<p>Topic(s) Outdoor Education</p>	<p>Topic(s) Cricket Softball</p>	<p>Topic(s) Athletics (Sports day prep) Outdoor Education</p>



Whole School Curriculum Plan 2021-2022

Subject: Physical Education

Year 10

		Autumn Term 2021		Spring Term 2022		Summer Term 2022	
	Year group in class	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Badgers and Foxes	10	<p>Knowledge, Skills and Understanding Develop a variety of tactics and strategies to overcome opponents in team games</p> <p>Take responsibility to lead warm ups</p> <p>Officiate matches; with limited staff support</p> <p>Communicate with each other to select fair teams to ensure game play is competitive</p>	<p>Knowledge, Skills and Understanding Develop a variety of tactics and strategies to overcome opponents in team games</p> <p>Take responsibility to lead warm ups</p> <p>Officiate matches; with limited staff support</p> <p>Communicate with each other to select fair teams to ensure game play is competitive</p>	<p>Knowledge, Skills and Understanding Develop a variety of tactics and strategies to overcome opponents in individual games</p> <p>Take responsibility to lead warm ups</p> <p>Officiate matches; with limited staff support</p>	<p>Knowledge, Skills and Understanding Develop their technique and improve their performance in other competitive sports</p> <p>Create; safe but challenging routines</p>	<p>Knowledge, Skills and Understanding Take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>	<p>Knowledge, Skills and Understanding Develop their technique and improve their performance in other competitive sports</p> <p>Assist staff with organising events for Sports Day</p>
		<p>Topic(s) Football Fitness training</p>	<p>Topic(s) Basketball Fitness training</p>	<p>Topic(s) Badminton/Table tennis</p>	<p>Topic(s) Trampolining</p>	<p>Topic(s) Outdoor Education</p>	<p>Topic(s) Athletics (Sports day prep)</p>

Year 11

		Autumn Term 2021		Spring Term 2022		Summer Term 2022	
	Year group in class	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Boars and Deer	11	<p>Knowledge, Skills and Understanding Develop a variety of tactics and strategies to overcome opponents in team games</p> <p>Leading team talks to offer advice</p> <p>Take responsibility to lead warm ups</p> <p>Independently; officiate matches</p> <p>Communicate with each other to select fair teams to ensure game play is competitive</p>	<p>Knowledge, Skills and Understanding Develop a variety of tactics and strategies to overcome opponents in individual games</p> <p>Take responsibility to lead warm ups</p> <p>Independently; officiate matches</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Create; safe but challenging routines</p>	<p>Knowledge, Skills and Understanding Develop a variety of tactics and strategies to overcome opponents in individual games</p> <p>Take responsibility to lead warm ups</p> <p>Independently; officiate matches</p> <p>Develop their technique and improve their performance in other competitive sports</p> <p>Create; safe but challenging routines</p>	<p>Knowledge, Skills and Understanding Develop their technique and improve their performance in other competitive sports</p> <p>Decision making; when to hit the ball long or short, adjusting grip and footwork to respond to different deliveries</p> <p>Umpiring; applying rules with staff support</p>	<p>Knowledge, Skills and Understanding Take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p>	<p>Knowledge, Skills and Understanding Develop a variety of tactics and strategies to overcome opponents in team games</p> <p>Decision making; when to hit the ball long or short, adjusting grip and footwork to respond to different deliveries</p> <p>Umpiring; applying rules with staff support</p>
		<p>Topic(s) Football/Basketball</p>	<p>Topic(s) Badminton/Table-tennis/Trampolining</p>	<p>Topic(s) Softball/Cricket</p>	<p>Topic(s) Outdoor Education</p>		